FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0104					
Estimated average burden						
hours per response:	0.5					

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WILSON KEVIN E		2. Date of Event Requiring Statement (Month/Day/Year) 01/22/2004		3. Issuer Name and Ticker or Trading Symbol ST MARY LAND & EXPLORATION CO [SM]						
(Last) C/O ST MA 7060 S. YA	(First) ARY LAND & EX	(Middle) KPLORATION			Relationship of Reporting Person(s (Check all applicable) Director Officer (give title below)	to Issuer 10% Owner Other (specification)	fy (Mo	If Amendment, Date of Original Filed (Month/Day/Year) Individual or Joint/Group Filing (Check Applicable Line)		
(Street) TULSA OK 74136					Senior Vice President			X Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I New	. D	tina Caranitira Danafiaialla	O				
Table I - Non-Deri 1. Title of Security (Instr. 4)			2.				4. Nature of Indirect Beneficial Ownership (Instr 5)			
Common Sto	ock				4,113(1)	D				
					e Securities Beneficially Ov ants, options, convertible se					
Title of Derivative Security (Instr. 4)		2. Date Exercise Expiration Date (Month/Day/Ye	e	3. Title and Amount of Securities Underlyin Derivative Security (Instr. 4)		4. Conversion	(D) or	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			(WOTHTI/Day/Te	ear)			or Exercise	(D) or	(Instr. 5)	
			Date Exercisable	Expiration	Title	Amount or Number of Shares	or Exercise Price of Derivative Security	(D) or Indirect (I) (Instr. 5)	(Instr. 5)	
Employee St	tock Option (right	t to buy)	Date	Expiration	Title	or Number	Price of Derivative	Indirect (I)	(Instr. 5)	
1 7	tock Option (right	• /	Date Exercisable	Expiration Date	Title Common Stock	or Number of Shares	Price of Derivative Security	Indirect (I) (Instr. 5)	(Instr. 5)	
Employee St	1 (0	t to buy)	Date Exercisable 12/31/1997 ⁽²⁾	Expiration Date	Common Stock Common Stock	or Number of Shares	Price of Derivative Security	Indirect (I) (Instr. 5)	(Instr. 5)	
Employee St	tock Option (right	t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾	Expiration Date 12/31/2007 12/31/2009	Common Stock Common Stock	or Number of Shares 780 5,859	Price of Derivative Security 17.5 12.375	Indirect (I) (Instr. 5)	(Instr. 5)	
Employee St Employee St Employee St	tock Option (right	t to buy) t to buy) t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾	Expiration Date 12/31/2007 12/31/2009 12/31/2010	Title Common Stock Common Stock Common Stock	or Number of Shares 780 5,859 13,250	Price of Derivative Security 17.5 12.375 33.3125	D D D	(Instr. 5)	
Employee St Employee St Employee St	tock Option (right tock Option (right tock Option (right	t to buy) t to buy) t to buy) t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾ 09/30/2001 ⁽⁵⁾	Expiration Date 12/31/2007 12/31/2009 12/31/2010 09/30/2011	Title Common Stock Common Stock Common Stock Common Stock Common Stock	or Number of Shares 780 5,859 13,250 2,952	Price of Derivative Security 17.5 12.375 33.3125 15.93	D D D D	(Instr. 5)	
Employee St Employee St Employee St Employee St	tock Option (right tock Option (right tock Option (right tock Option (right	t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾ 09/30/2001 ⁽⁵⁾ 12/31/2001 ⁽⁶⁾	Expiration Date 12/31/2007 12/31/2009 12/31/2010 09/30/2011 12/31/2011	Title Common Stock Common Stock Common Stock Common Stock Common Stock Common Stock	or Number of Shares 780 5,859 13,250 2,952 5,903	Price of Derivative Security 17.5 12.375 33.3125 15.93 21.19	D D D D D	(Instr. 5)	
Employee St Employee St Employee St Employee St Employee St Employee St	tock Option (right tock Option (right tock Option (right tock Option (right tock Option (right	t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾ 09/30/2001 ⁽⁵⁾ 12/31/2001 ⁽⁶⁾ 03/31/2002 ⁽⁷⁾	Expiration Date 12/31/2007 12/31/2009 12/31/2010 09/30/2011 12/31/2011 03/31/2012	Title Common Stock	or Number of Shares 780 5,859 13,250 2,952 5,903 5,902	Price of Derivative Security 17.5 12.375 33.3125 15.93 21.19 21.71	D D D D D D	(Instr. 5)	
Employee St Employee St Employee St Employee St Employee St Employee St Employee St	tock Option (right tock Option (right tock Option (right tock Option (right tock Option (right tock Option (right	t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾ 09/30/2001 ⁽⁵⁾ 12/31/2001 ⁽⁶⁾ 03/31/2002 ⁽⁷⁾ 06/30/2002 ⁽⁸⁾	Expiration Date 12/31/2007 12/31/2009 12/31/2010 09/30/2011 12/31/2011 03/31/2012 06/30/2012	Title Common Stock	or Number of Shares 780 5,859 13,250 2,952 5,903 5,902	Price of Derivative Security 17.5 12.375 33.3125 15.93 21.19 21.71 24.06	D D D D D D D D D D D D D D D D D D D	(Instr. 5)	
Employee St Employee St Employee St Employee St Employee St Employee St Employee St Employee St	tock Option (right tock Option (right tock Option (right tock Option (right tock Option (right tock Option (right tock Option (right	t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾ 09/30/2001 ⁽⁵⁾ 12/31/2001 ⁽⁶⁾ 03/31/2002 ⁽⁷⁾ 06/30/2002 ⁽⁸⁾ 09/30/2002 ⁽⁹⁾	Expiration Date 12/31/2007 12/31/2009 12/31/2010 09/30/2011 12/31/2012 06/30/2012 09/30/2013	Title Common Stock	or Number of Shares 780 5,859 13,250 2,952 5,903 5,902 5,902 5,291	Price of Derivative Security 17.5 12.375 33.3125 15.93 21.19 21.71 24.06 23.9	D D D D D D D D D D D D D D D D D D D	(Instr. 5)	
Employee St Employee St Employee St Employee St Employee St Employee St Employee St Employee St Employee St	tock Option (right tock Option (right	t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾ 09/30/2001 ⁽⁵⁾ 12/31/2001 ⁽⁶⁾ 03/31/2002 ⁽⁷⁾ 06/30/2002 ⁽⁸⁾ 09/30/2002 ⁽⁹⁾ 12/31/2002 ⁽¹⁰⁾	Expiration Date 12/31/2007 12/31/2009 12/31/2010 09/30/2011 12/31/2012 06/30/2012 09/30/2013 12/31/2012	Title Common Stock	or Number of Shares 780 5,859 13,250 2,952 5,903 5,902 5,902 5,291 5,291	Price of Derivative Security 17.5 12.375 33.3125 15.93 21.19 21.71 24.06 23.9 25	D D D D D D D D D D D D D D D D D D D	(Instr. 5)	
Employee St Employee St Employee St Employee St Employee St Employee St Employee St Employee St Employee St Employee St	tock Option (right tock Option (right	t to buy) t to buy)	Date Exercisable 12/31/1997 ⁽²⁾ 12/31/1999 ⁽³⁾ 12/31/2000 ⁽⁴⁾ 09/30/2001 ⁽⁵⁾ 12/31/2001 ⁽⁶⁾ 03/31/2002 ⁽⁷⁾ 06/30/2002 ⁽⁸⁾ 09/30/2002 ⁽⁹⁾ 12/31/2002 ⁽¹⁰⁾ 10/22/2003 ⁽¹¹⁾	Expiration Date 12/31/2009 12/31/2010 09/30/2011 12/31/2011 03/31/2012 06/30/2012 09/30/2013 12/31/2012 10/22/2013	Title Common Stock Common Stock	or Number of Shares 780 5,859 13,250 2,952 5,903 5,902 5,902 5,291 5,291 765	Price of Derivative Security 17.5 12.375 33.3125 15.93 21.19 21.71 24.06 23.9 25 26.78	D D D D D D D D D D D D D D D D D D D	(Instr. 5)	

Explanation of Responses:

- 1. Includes shares from the Company Employee Stock Purchase Plan that Mr. Willson has aquired since before becoming a reporting individual.
- 2. The Option is 100% vested.
- 3. The Option is 100% vested.
- 4. The Option is 100% vested.
- $5. \ The \ Option \ was \ vested \ 25\% \ upon \ grant \ and \ vested \ in \ additional \ 25\% \ equal \ installments \ on \ September \ 30, 2002, 2003 \ and \ 2004.$
- 6. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2002, 2003 and 2004.
- 7. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2002,2003 and 2004.
- 8. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2002, 2003 and 2004
- 9. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2003, 2004 and 2005.
- 10. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2003,2004 and 2005.
- 11. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2004,2005 and 2006.
- 12. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2004, 2005 and 2006.
- 13. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2004,2005 and 2006.
- 14. The Option was 25% vested upon grant and vests in additional 25% equal installments on September 30, 2004,2005 and 2006.

Teresa B. Rosenthal (Attorney-in-02/02/2004 fact)

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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