FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Add SANDBUL (Last) 1776 LINCOL	2. Issuer Name and Ticker or Trading Symbol ST MARY LAND & EXPLORATION CO [ SM ]  3. Date of Earliest Transaction (Month/Day/Year) 03/05/2004									Relationship of Reporting I (Check all applicable)     X Director     Officer (give title below)			Person(s) to Issuer  10% Owner  Other (specify below)						
STE 700  (Street)  DENVER  (City)	CO (State)		)202 ip)		4. If Amendment, Date of Original Filed (Month/Day/Year) 03/09/2004								6. Indiv	dividual or Joint/Group Filing (Check Applicable Line)  K Form filed by One Reporting Person  Form filed by More than One Reporting Person					
		Ta	able I - Noı	n-Deri	vative	Secu	ırities	s Acq	uired, D	isp	osed of	, or I	Benefic	cially Ow	ned				
1. Title of Security (Instr. 3) 2. T				Date	Transaction ate lonth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disp			curities Acquired (A) or osed Of (D) (Instr. 3, 4 and 5)			5. Amount Securities Beneficially Following I	Owned Form		Direct (D)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock; \$.01 par value 03/0						05/2004		M		3,904 A		\$10.25	26,670(1)		D				
Common Stock; \$.01 par value				03/0	03/05/2004				S		3,90	04 D \$		\$33.45	22,766(1)		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	C	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisab Expiration Date (Month/Day/Year)		Securities Under		erlying	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
				Co	ode V	(A	r) (c		Date Exercisabl		xpiration ate	Title		Amount or Number of Shares		Transaction (Instr. 4)	on(s)		
Stock Option (right to purchase)	\$10.25	03/05/2004			М		1	1,964	12/31/199	5 1	2/31/2005		mmon tock	1,964	\$0	0		D	
Stock Option (right to purchase)	\$10.25	03/05/2004			М		1,940		12/31/1994	/1994 12/31/20		Common Stock 1		1,940	\$0 0			D	

## **Explanation of Responses:**

James C. Robertson (attorney-in-fact)

03/18/2004

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>1.</sup> The sole purpose of this amendment is to provide the correct amounts of securities beneficially owned following the reported transactions. The reporting person also indirectly holds 800 shares of the issuer's common stock through his spouse.