FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

The trains and read out topoliting to soon				2. Issuer Name and Ticker or Trading Symbol ST MARY LAND & EXPLORATION CO [SM									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<u>WILLSON KEVIN E</u>					SI WART LAND & LAI LORATION CO [SW								"	Director			10% Ov	vner	
(Last)	(First)	(NA)	ddlo)		3. Date of Earliest Transaction (Month/Day/Year)							x	Officer (g below)	ive title		Other (s	specify		
(Last) (First) (Middle) C/O ST MARY LAND & EXPLORATION					07/09/2004								,	enior Vio	ce Pre	,			
7060 S. YALE #800																			
/000 S. TALE #800					4. If Amendment, Date of Original Filed (Month/Day/Year)							- 1	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street)														^	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
TULSA	OK 74136													1 OIII IIIC	a by More	ulail O	ne reportin	g i eisoii	
(City)	(State)	(Zi _l	p)																
		Та	ble I - Nor	ո-Deri	ivativ	e Se	curitie	s Acqı	uired, l	Disp	osed of,	or E	Benefi	cially Ow	ned				
Date				eate Ex Month/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispos			rities Acquired (A) o ed Of (D) (Instr. 3, 4 a			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount		(A) or (D)	Price	(Instr. 3 an				(Instr. 4)	
Common Stock; \$.01 Par Value 07/0					/09/2004				G	V	401(1)		D	\$0	4,563			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution Date, Instr. 3) or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable a Expiration Date (Month/Day/Year)		te	7. Title and Amoi Securities Under Derivative Securi (Instr. 3 and 4)		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Evaluation of Bo				(Code V		(A)	(D)			Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	on(s)		

1. On July 9, 2004, the reporting person gifted 401 shares of St. Mary common stock to a 501(c)(3) organization.

James C. Robertson (Attorney-In- 07/12/2004 Fact)

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.