

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported)
March 23, 2009 (March 19, 2009)

St. Mary Land & Exploration Company
(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction
of incorporation)

001-31539
(Commission
File Number)

41-0518430
(I.R.S. Employer
Identification No.)

1776 Lincoln Street, Suite 700, Denver, Colorado
(Address of principal executive offices)

80203
(Zip Code)

Registrant's telephone number, including area code: (303) 861-8140

Not applicable
(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2.):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 8.01 Other Events.

On March 19, 2009, St. Mary Land & Exploration Company (“St. Mary” or the “Company”) announced that the Company's Chief Executive Officer and President, Tony Best, will present at the Howard Weil 37th Annual Energy Conference at 4:20 pm central time on Monday, March, 23, 2009, at the Sheraton New Orleans Hotel, located at 500 Canal Street, New Orleans, LA. A copy of this press release is filed as Exhibit 99.1 to this report.

This report contains “forward-looking statements” within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. The words “anticipate,” “assume,” “believe,” “budget,” “estimate,” “expect,” “forecast,” “intend,” “plan,” “project,” “will,” and similar expressions are intended to identify forward-looking statements. These statements involve known and unknown risks, which may cause St. Mary’s actual results to differ materially from results expressed or implied by the forward-looking statements. These risks include such factors as the volatility of oil and natural gas prices, the uncertain nature of the expected benefits from the acquisition of oil and gas properties, and the ability to successfully integrate acquisitions, the imprecise nature of oil and gas reserve estimates, and other such matters discussed in the “Risk Factors” section of St. Mary’s 2008 Annual Report on Form 10-K filed with the SEC. Although St. Mary may from time to time voluntarily update its prior forward-looking statements, it disclaims any commitment to do so except as required by securities laws.

Item 9.01

Financial Statements and Exhibits.

- (d) Exhibits. The following exhibit is filed as part of this report:
 - Exhibit 99.1 Press release of St. Mary Land & Exploration Company dated March 19, 2009.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ST. MARY LAND & EXPLORATION COMPANY

Date: March 23, 2009

By: /s/ MARK T. SOLOMON
Mark T. Solomon
Controller

99.1

For InformationBrent A. Collins
303-861-8140

FOR IMMEDIATE RELEASE

ST. MARY TO PRESENT AT HOWARD WEIL CONFERENCE

DENVER, March 19, 2009 – St. Mary Land & Exploration Company (NYSE: SM) announces that the Company's Chief Executive Officer and President, Tony Best, will present at the Howard Weil 3rd Annual Energy Conference at 4:20 pm central time on Monday, March 23, 2009, at the Sheraton New Orleans Hotel, located at 500 Canal Street, New Orleans, LA. A copy of the presentation will be available on the Company's website beginning Monday, March 23, 2009 at www.stmaryland.com.