

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported)  
August 7, 2009 (August 11, 2009)

**St. Mary Land & Exploration Company**  
(Exact name of registrant as specified in its charter)

Delaware  
(State or other jurisdiction  
of incorporation)

001-31539  
(Commission  
File Number)

41-0518430  
(I.R.S. Employer  
Identification No.)

1776 Lincoln Street, Suite 700, Denver, Colorado  
(Address of principal executive offices)

80203  
(Zip Code)

Registrant's telephone number, including area code: (303) 861-8140

Not applicable  
(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2.):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 8.01 Other Events.**

On August 7, 2009, St. Mary Land & Exploration Company (the "Company") announced that the Company's President and Chief Executive Officer, Tony Best, will present at The Oil and Gas Conference at the Westin Tabor Center in Denver, Colorado on Tuesday, August 11, 2009, at 3:35 p.m. (MDT). A copy of this press release is filed as Exhibit 99.1 to this report.

**Item 9.01 Financial Statements and Exhibits.**

- (d) Exhibits. The following exhibit is filed as part of this report:  
Exhibit 99.1 Press release of St. Mary Land & Exploration Company dated August 7, 2009, entitled St. Mary Land & Exploration Company to Present at The Oil & Gas Conference

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ST. MARY LAND & EXPLORATION COMPANY

Date: August 11, 2009

By: /s/ C. MARK BRANNUM  
C. Mark Brannum  
Senior Legal Counsel & Secretary

**FOR IMMEDIATE RELEASE**

**ST. MARY LAND & EXPLORATION COMPANY  
TO PRESENT AT THE OIL & GAS CONFERENCE**

**DENVER, August 7, 2009** – St. Mary Land & Exploration Company (NYSE: SM) announces that President and CEO Tony Best will present at The Oil and Gas Conference at the Westin Tabor Center in Denver, Colorado on Tuesday, August 11, 2009 at 3:35 p.m. (MDT).

The presentation will be webcast live on The Oil and Gas Conference website at <http://theoilandgasconference.com/webcast.shtml>. Additionally, a link to the webcast and St. Mary's presentation materials will be available at the Company website at [www.stmaryland.com](http://www.stmaryland.com).