

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported)
December 3, 2009 (December 2, 2009)

St. Mary Land & Exploration Company
(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction
of incorporation)

001-31539
(Commission
File Number)

41-0518430
(I.R.S. Employer
Identification No.)

1776 Lincoln Street, Suite 700, Denver, Colorado
(Address of principal executive offices)

80203
(Zip Code)

Registrant's telephone number, including area code: (303) 861-8140

Not applicable
(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2.):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 8.01 Other Events.

On December 2, 2009, St. Mary Land & Exploration Company (the "Company") announced that the Company's President and Chief Executive Officer, Tony Best, will present at the Wells Fargo Exploration and Production, Energy Services and Utility Symposium in New York, NY on Wednesday, December 9, 2009, at 9:30 a.m. Eastern time. A copy of this press release is filed as Exhibit 99.1 to this report.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits. The following exhibit is filed as part of this report:
Exhibit 99.1 Press release of St. Mary Land & Exploration Company dated December 2, 2009, entitled St. Mary to Present at Upcoming Energy Conference

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ST. MARY LAND & EXPLORATION COMPANY

Date: December 3, 2009

By: /s/ MARK T. SOLOMON
Mark T. Solomon
Controller

FOR IMMEDIATE RELEASE

ST. MARY TO PRESENT AT UPCOMING ENERGY CONFERENCE

DENVER, December 2, 2009 – St. Mary Land & Exploration Company (NYSE: SM) today announces that the Company's President and Chief Executive Officer, Tony Best, will present at the Wells Fargo Exploration and Production, Energy Services and Utility Symposium at 9:30 am Eastern time on Wednesday, December 9, 2009, at the New York Palace Hotel at 455 Madison Avenue, New York, NY. The link to the live audio webcast may be accessed at <http://www.wsw.com/webcast/wa57/sm> .. A link to the webcast will also be available on the Company's website at www.stmaryland.com. St. Mary's conference presentation will be available at that same website beginning Wednesday, December 9, 2009.