

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported)  
April 22, 2010 (April 21, 2010)

**St. Mary Land & Exploration Company**  
(Exact name of registrant as specified in its charter)

Delaware  
(State or other jurisdiction  
of incorporation)

001-31539  
(Commission  
File Number)

41-0518430  
(I.R.S. Employer  
Identification No.)

1775 Sherman Street, Suite 1200, Denver, Colorado  
(Address of principal executive offices)

80203  
(Zip Code)

Registrant's telephone number, including area code: (303) 861-8140

Not applicable  
(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2.):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 7.01 Regulation FD Disclosure.**

In accordance with General Instruction B.2. of Form 8-K, the following information, including Exhibit 99.1, shall not be deemed filed for purposes of Section 18 of the Securities Exchange Act of 1934, nor shall such information and Exhibit be deemed incorporated by reference in any filing under the Securities Act of 1933, except as shall be expressly set forth by specific reference in such a filing.

On April 21, 2010, St. Mary Land & Exploration Company (the "Company") issued a press release announcing that it has scheduled a teleconference call to discuss first quarter earnings results and other operational matters on May 4, 2010, at 8:00 am Mountain time (10:00 am Eastern time). The teleconference call is publicly accessible, and the press release includes instructions as to when and how to access the teleconference and the location on the Company's website where the teleconference information will be available. A copy of the press release is furnished as Exhibit 99.1 to this report.

**Item 9.01 Financial Statements and Exhibits.**

(d) Exhibits. The following exhibit is furnished as part of this report:

<u>Exhibit</u>	<u>Description</u>
Exhibit 99.1	Press release of St. Mary Land & Exploration Company dated April 21, 2010, entitled St. Mary Schedules First Quarter 2010 Earnings Conference Call

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ST. MARY LAND & EXPLORATION COMPANY

Date: April 22, 2010

By: /s/ MARK T. SOLOMON  
Mark T. Solomon  
Controller



**For Information**

Brent A. Collins  
303-861-8140

**FOR IMMEDIATE RELEASE**

**ST. MARY SCHEDULES FIRST QUARTER 2010 EARNINGS CONFERENCE CALL**

**DENVER, April 21, 2010** – St. Mary Land & Exploration Company (NYSE: SM) is scheduled to release earnings for the first quarter 2010 after the close of trading on the NYSE on May 3, 2010. The teleconference to discuss these results and other operational matters is scheduled for May 4, 2010 at 8:00 a.m. Mountain time (10:00 a.m. Eastern time). The call participation number is 800-299-8538 and the participant passcode is 78566360. An audio replay of the call will be available approximately two hours after the call at 888-286-8010, with the passcode 86555679. International participants can dial 617-786-2902 to take part in the conference call, using passcode 78566360 and can access a replay of the call at 617-801-6888, using passcode 86555679. Replays can be accessed through May 18, 2010.

This call is being webcast live and can be accessed at St. Mary's web site at [stmaryland.com](http://stmaryland.com). An audio recording of the conference call will be available at that site through May 18, 2010.

**ABOUT THE COMPANY**

St. Mary Land & Exploration Company is an independent energy company engaged in the exploration, exploitation, development, acquisition, and production of natural gas and crude oil. St. Mary routinely posts important information about the Company on its website. For more information about St. Mary, please visit its website at [stmaryland.com](http://stmaryland.com).

