FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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Name and Address of Reporting Person*     Hertzler Jerold M					2. Issuer Name and Ticker or Trading Symbol ST MARY LAND & EXPLORATION CO [ SM								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
(Last) 1776 LINCO	st) (First) (Middle) 76 LINCOLN ST.				3. Date of Earliest Transaction (Month/Day/Year) 12/31/2007								Officer (g below) VP-	ve title Other (below) Business Development		specify			
SUITE 700						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)  DENVER	СО	8	80203										X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State	e) (.	Zip)																
		T	able I - No	n-Deriva	tive S	ecuriti	es Acq	uired,	Disp	osed of	, or Benefi	cially Ov	/ned						
1. Title of Security (Instr. 3)			2. Transac Date (Month/Day		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)			ties Acquired (A Of (D) (Instr. 3		5. Amount Securities Beneficiall Following	y Owned Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
			Code	v			Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)					
Common Stock; \$.01 Par Value			12/31/2	31/2007		<b>J</b> (1)	V	401	A	\$31.127	6,996			D					
Common Stock; \$.01 Par Value			02/28/2	28/2008			M		282	A	(2)	7,278			D				
Common Stock; \$.01 Par Value				02/28/2	2/28/2008					86	D	\$37.84	7,192			D			
Common Stock; \$.01 Par Value				02/28/2	2/28/2008					3,089	9 A	(3)	10,281			D			
Common Stock; \$.01 Par Value				02/28/2	28/2008					932	D	\$37.84	9,349			D			
Common Stock; \$.01 Par Value				02/28/2	/28/2008			M		298	A	(4)	9,647			D			
Common Stock; \$.01 Par Value				02/28/2	/28/2008					93	D	\$37.84	9,554			D			
											or Benefici le securitie		ed						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ise (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Code	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable at Expiration Date (Month/Day/Year)		7. Title and Amount Securities Underlyi Derivative Security 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	re (Ces Fally [Ces Ges Ges Ges Ges Ges Ges Ges Ges Ges G	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(s)				
Restricted Stock Units	(2)	02/28/2008		М			282	02/28/20	08	02/28/2008	Common Stock	282	\$0	282		D			
Restricted Stock Units	(3)	02/28/2008		М			3,089	02/28/20	08	02/28/2008	Common Stock	3,089	\$0	1,029	)	D			
Restricted Stock Units	(4)	02/28/2008		A		1,192		(4) (4)		Common Stock	1,192	\$0	1,192		D				
Restricted Stock Units	(4)	02/28/2008		М		298		02/28/20	28/2008 02/28/2008		Common Stock	298	\$0 894			D			

## Explanation of Responses:

- $1.\ Mr.\ Hertzler\ purchased\ 401\ shares\ of\ the\ issuer's\ common\ stock\ on\ December\ 31,\ 2007,\ through\ the\ issuer's\ Employee\ Stock\ Purchase\ Plan.$
- 2. Each restricted stock unit represents a contingent right to receive one share of stock. The restricted stock units were granted on February 28, 2007, are associated with fiscal 2006, and vest in four equal installments beginning on the grant date. The vested shares were issued to the reporting person on February 28, 2008, at which time all restrictions on the vested shares lapsed.
- 3. Each restricted stock unit represents a contingent right to receive one share of stock. The restricted stock units were granted on February 28, 2006, are associated with fiscal 2005, and vest in four equal installments beginning on the grant date. The vested shares were issued to the reporting person on February 28, 2008, at which time all restrictions on the vested shares lapsed.
- 4. Each restricted stock unit represents a contingent right to receive one share of stock. The restricted stock units were granted on February 28, 2008, are associated with fiscal 2007, and vest in four equal installments beginning on the grant date. The vested shares were issued to the reporting person on February 28, 2008, at which time all restrictions on the vested shares lapsed.

## Remarks:

Karin M. Writer (Attorney-In-

03/03/2008

Fact)

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.